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### **Hypnotherapy Prescription Form**

Patient's Name: \_\_\_\_\_ Today's date: \_\_\_\_\_

I am referring my patient for the following reason(s):

- |  |   |
|--|---|
| <input type="checkbox"/> Allergic Response                               | <input type="checkbox"/> Hot Flashes/Night Sweats                 |
| <input type="checkbox"/> Bruxism/TMJ                                     | <input type="checkbox"/> Insomnia                                 |
| <input type="checkbox"/> Compulsions/Habits/Behavior Modification        | <input type="checkbox"/> Irritable Bowel Syndrome (IBS)           |
| <input type="checkbox"/> Confidence/Self Esteem/Motivation               | <input type="checkbox"/> Pain Relief (Arthritis, Migraines, etc.) |
| <input type="checkbox"/> Emotional Balance (Anger, Anxiety, Panic, etc.) | <input type="checkbox"/> Smoking Cessation                        |
| <input type="checkbox"/> Fear/Phobia/PTSD                                | <input type="checkbox"/> Stress Reduction                         |
| <input type="checkbox"/> Grief (Minimum 18 months after loss)            | <input type="checkbox"/> Weight Management                        |
|  | <input type="checkbox"/> Other (specify below)                    |

Diagnoses: \_\_\_\_\_ and DX Codes: \_\_\_\_\_

Additional instructions: \_\_\_\_\_

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Doctor/Therapist Signature: \_\_\_\_\_

Doctor/Therapist Printed Name: \_\_\_\_\_

Doctor/Therapist Address: \_\_\_\_\_

Doctor/Therapist Phone: \_\_\_\_\_